



LifeSkills

Consulting

Unlocking your
potentials for
maximum
achievement.

Do you see life as an on-going opportunity to learn more? Do you want to go beyond your current level of performance and be an active participant in shaping your professional and personal life?

We can partner with you to make that a reality.

Introduction

Life Skills Limited is a unique training organization based in Lagos Nigeria. Our focus is on a single goal - "Empowering individuals, Business organizations and Government Agencies to fulfill their greatest potentials". We have a philosophy that is grounded in a holistic worldview that seeks to 'empower people for maximum achievement'



Our Vision

To be the foremost life skills training institution in Africa.

Our Mission

'To Equip and Empower our clients to make a positive difference in their work and personal lives through excellent clients' services, result oriented partnerships and delivery of affordable life-changing solutions while leveraging on the strengths of our people and affiliates.

Our Core Values – (I.N.S.P.I.R.E)

Integrity - Our views and actions will be based on foundational principles.

Nurturing - We seek to identify and grow innate talents of our people and clients. We identify their passions and align their personal and work life around those special areas.

Stewardship - We build our company for lasting and positive impact on present and future generations. We harness and develop our people capacities to meet our clients' present and future needs.

People - We employ instructors who present learning points in interesting, stimulating, situation-appropriate and innovative ways. We believe in people and seek to honour their God-given talents and unique personalities.

Innovation – We will continually modernize, invent and reinvent our processes, solutions and services to remain at the cutting-edge of all that we do and offer as an organisation.

Relationships (Personal & Professional) – Our strength lies in our people and customers. Hence we value our relationships and appreciate the uniqueness of every individual. We embrace diversity and seek to foster understanding and acceptance within our team and the community we reside.

Excellence – We will endeavour to discover, develop and deploy talents faithfully. Our focus will be on what we are called to do - "empowering individuals, business organizations and government agencies to fulfill their greatest potentials"



Why choose us?

Since Life Skills Limited was incorporated in 2010, we have impacted positively on several individuals, businesses, organisations, educational institutions etc through our bouquet of programs and services. Many of our clients have cemented a sustained working relationship with us, attesting to their confidence in our commitment and ability to deliver to their satisfaction.

Our Core Values – (I.N.S.P.I.R.E)

- We will inspire you to see beyond your limits.
- We will continually impart transformational truths and principles.
- We will unlock your potentials, expand your possibilities and empower you for enduring success.
- We are committed to providing lifelong support to our clients.
- We will empower our clients to take appropriate actions that will enhance their likelihood of success.

Our Service Commitment

We will always customize our solutions and programs to effectively meet our clients' distinctive needs. We design our courses to be relevant, practical and current, and to strike a good balance between concepts and minds-on/hands-on activities.

Instructional Agility: Different learning points lend themselves better to certain instructional methods, so we choose trainers who are versatile and well-equipped in the principles of learning strategies.

We work with competent trainers and consultants who are equipped with the values, knowledge and skills to deliver our services efficiently. We engage only instructors who can present learning points in interesting, stimulating, situation-appropriate and innovative ways.

We value our customers' feedback. Hence we take such feedbacks seriously to address all concerns promptly and leverage on such feedbacks to continually improve on our service delivery and offerings.

Effective engagement of our course attendants - Effective learning requires good rapport between the instructor and learners, and hence, we strive to provide interactive learning experiences and optimal learner-to-trainer ratios.

Honouring diversity and equity - Individual learner differences are valued and attended to so as to ensure equitable and maximized learning by all.

Our Affiliates

- Insight learning Foundation, Arizona – Arizona, USA
- Institute of Financial Planning – Lagos, Nigeria

Our Solutions

Our solutions are specifically designed to bring about positive and permanent shifts in the quality of your life. We support people from all walks of life with life skills we all need to succeed in life but were never taught in school. No matter where you are in your life, you will find something in our bouquet of solutions that directly connects with you. Our solutions include:

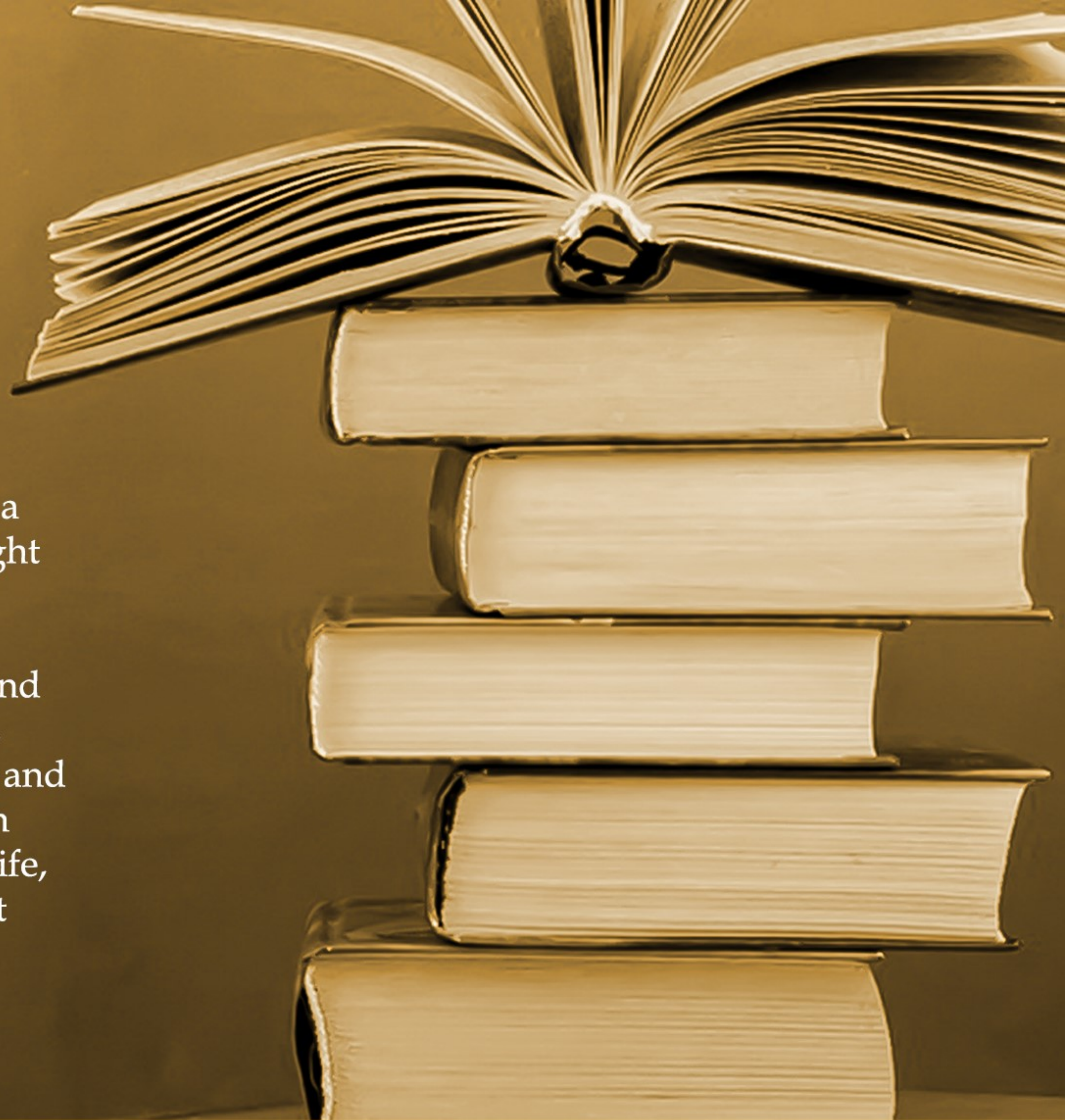
- Life Skills Seminars
- Life Skills Teaching and Learning Programs
- Life Skills Corporate
- Life Skills Support Services

Our Training Methodology

More coaching than teaching

Remember how you learned to ride a bicycle? You didn't learn by reading a manual. You got on the bicycle, tried your best, swerved, fell down, got right back up again. And then the moment of truth arrived: you could ride.

Our Life Skills Programs are taught in a similar way (without the bumps and bruises!). It's more about coaching than teaching, more like a conversation, than a lecture. While conventional methods focus on content (adding facts and rules to our knowledge), our method deals with context - the framework in which content can exist. Whenever you feel limited in any sphere of your life, be it personal or corporate, there is something, a context or framework that you can't see, that is holding you back.



So our training methodology enables you to

- Uncover and examine the blind spots or context holding you back from achieving the desired level of success.
- Find out where your current context originated and address it for what it really is.

Having completed these two steps, a new realm of possibility is available to you. The constraints from the past disappear. Your view of life, your thoughts, your feelings, and your actions, change - and the change is immediate, dramatic, and without effort. It is a breakthrough. Now is your time to break through...master what it is you want...and change your life.

Our Training Solutions

Life Skills training solutions are tailored to teach those very critical skills we all need but never learned at school. Our seminars are designed to address specific topics that can make a life-altering impact on your current state; and no matter where you are in your life, you will always find something that directly connects with you

1. LIFE SKILLS REVAMP SEMINARS

Life Skills seminars teach what they never taught you in school... to succeed in those areas most important to you. These seminars are designed to address specific topics that can make a life-altering impact on your current situation.

These courses are designed to complement one another. By taking one, or more of our seminars - chances are, you'll discover a mix of skills and techniques that builds into one another to make life an incredible adventure for you.

You'll be able to readily integrate the material you learn from the seminars directly into your life. You'll feel empowered. You will find the means for achieving those desires, dreams and aspirations that once seemed impossible.

Some of our life skills seminars include;

1. **Elements of Success**
2. **Life Skills Communication and Relationship Skills**
3. **Life Skills Personal Financial Planning**
4. **Jump-Start-Your-Life Programme**
5. **Life Skills Intensive**
6. **Turning Your Passion Into a Business**
7. **Understanding Your Personality**
8. **Employability Skills Program**
9. **Anger Management**
10. **'Get Motivated' Conference**

Life Skills Limited 'Get Motivated' conference is an action-packed, fun-filled, explosive, exciting, inspiring, skill-building business event that is world famous for its mega-watt superstar speakers and spectacular stage production. You may have attended business seminars in the past, but you've never seen anything like this! Secrets, formulas, and wisdom... There is something for everyone! This blockbuster one-day seminar will give you proven strategies to sharpen your business skills, ignite your passion, accelerate your effectiveness and increase your income! Only the BEST of the BEST appear on our stage! Dazzling pyrotechnics, comic and stunning special effects set the stage for our superstar speakers who deliver riveting presentations packed with cutting-edge skills and techniques for success.

Our Life Skills seminars are targeted at;

- Individuals who want to achieve more in their personal and corporate life.

2. LIFE SKILLS TEACHERS' BUNDLE

Our teaching and learning programs are designed by Insight Learning Foundation (USA). These 'learning and teaching' courses are fashioned to provide opportunity for looking at individual learners and applying specific personality and learning style to create experiential learning for them. These courses are fashioned to energize the classroom and strengthen the teachers' ability and effort to reach students of all learning styles.

Some of our teaching and learning programs include:

1. **Understanding Personality Styles - Key to Effective Teaching**
2. **High Impact Teaching Skills for Teachers**
3. **Teaching in the NEXUS**
4. **Insight on Parenting Styles**
5. **Effective Teaching Skills for Teachers**
6. **How to deal with difficult Learners (At risk learners)**
7. **Effective Discipline Skills for Teachers**
8. **Coaching Skills for High Impact Teaching**

These courses are designed to provide participants with tested technological support, cutting edge philosophy, teaching & learning techniques that will help to increase your success as a Learner, Teacher or School Administrator etc.

Our Life Skills Teaching and Learning programs are targeted at;

- Classroom Teachers, Facilitators, Corporate Trainers, School Proprietors, School Administrators, Counselors, Government Educational Supervisors etc.

3. LIFE SKILLS CORPORATE BUNDLE

Our corporate seminars are personality based training interventions designed to equip individuals with the skills critical for managing their personality, attitude, emotions, behavior relationships etc in the workplace. These seminars are tailored to furnish employees with the skill they need to meet work place targets and expectations.

Some of our Life Skills Corporate programs include;

1. **Personal Effectiveness**
2. **Effective Coaching Skills for Line Managers**
3. **Team Building Skills**
4. **Effective Relationship Management**
5. **Leading and Managing others**
6. **Working with Emotional Intelligence**
7. **Making Learning in Organizations user-friendly**
8. **Personalized Selling Skills**
9. **Personal Financial Planning**
10. **Pre-retirement Program**
11. **Basic Management Program**
12. **Employability Skills Program**
13. **Entry Level Employees' 'Boot camp'**

Our 'Entry level Staff' Boot camp program was designed by **Insight Learning foundation - USA**, comprises of **29 Skills Assessments** and **308 learning activities** that have been fashioned specifically for entry level recruits. The program is designed to equip them with cutting edge skill they would need to perform and relate optimally in a corporate environment.

Employees with this set of skills are empowered with the ability to effectively handle workplace expectations. They will be more responsible, more tolerant, more competent, more empathic and better prepared to become more successful as an employee. **We strongly recommend this program for your entry level recruits.**

Our Life Skills Corporate programs are strictly reserved for corporate individuals.

Our Training Faculty

Life skills Limited works with knowledge and skills upgrade specialists who are professionals in their chosen fields. We are able to deploy any of our facilitators as and when necessary to suit our client needs.

Life Skills Support Services

Our support services are designed to further increase our client's probability of success in any life endeavour.

These support services include;

- Life Skills Coaching Services
- Life Skills Success Alliance Group
- Life Skills Recruitment and Outsourcing
- Life Skills Knowledge Warehouse
- Life Skills Media Events

Life Skills Support Services

Sometimes all we need to accomplish our goals and realize our dreams is a little help along the way...

Our coaching program is targeted at giving you the edge you need to succeed in all areas of your life. Everyone needs a mentor, a professional who not only believes in your abilities but can help you set clear goals to achieve the life you desire to live. That is what Life Skills Coaching is all about and that is what we can offer you. It is like having someone "running alongside you," giving you the extra input and insights you need to make a difference in how you lead your life from this day forward.

The custom-tailored, coaching process is positive and focused on identifying your strengths. It is a very supportive process that will help you to set realistic goals, seek relevant feedback and new ways of tackling different situations. You'll reclaim your sense of aliveness and realize that your dreams are within your grasp. Your Life Skills Coach will communicate with you on a weekly basis in person, by phone, by email or a combination of these three. This programme normally lasts for three months or longer and it usually begins with a life-time commitment.

Life Skills Success Alliance Group

Life Skills Success Alliance (LSSA) is a mastermind Club formed to educate and inspire people to create greater success in their lives by employing the 'Mastermind Principle'. The mastermind principle as described by Napoleon Hill is a powerful tool capable of creating supernatural success in any life endeavor.

The principle states that 'Whenever two or more minds are blended in a spirit of perfect harmony, for the pursuit of a common purpose, there is born of that alliance a power which is greater than that of all the individual minds combined'

"No individual may achieve real success in life without availing himself of the 'Master Mind.' This form of cooperative alliance has been the basis of nearly every great fortune. Your understanding of this truth may definitely determine your financial status." ... Napoleon Hill

Club Activities are designed to (amongst others);

- Equip you with life skills we all need but never learned at school
- Create an opportunity for you to learn from people who have successively experienced what you are currently going through in life.
- Create an enabling environment for you to mingle with successful Business owners, Investors, Senior Executives etc, so you can learn from their personal experiences.
- Furnish you with the much needed opportunity to meet face-to-face with Employers of labour, Heads of Recruitment firms, Heads of Human Capital of different organizations etc. This will enable you to build the right network and seek relevant clarifications.
- Help you create the much needed 'Plan B' for your current job and help you to achieve a smooth transition to your personal business
- Bring you together with people of like minds, facing almost the same life challenges to enable you interact and learn from what they are doing.
- Help you identify business options you can explore and equip you with the knowledge and skills you will need to become a successful Employer of labour (Entrepreneur).
- Help you create the right health and physical wellness habits
- In the words of John Maxwell, "when common men go to work, the rich and wealthy build networks". Our club activities will help you build the right network. Etc.
- Equip undergraduates with the right knowledge, attitude and skills that will place them steps ahead of their peer when they leave school to face the harsh realities of the labour market.

The Life Skills Success Alliance Group is made up of three membership categories;

- **Platinum Members:** this membership type is exclusively for Business owners, Entrepreneurs, Investors, Senior Executives, Professionals, Inventors etc. Membership fees apply.
- **Gold Members:** this membership type is suitable for Small business owners, Employees in the private and public sectors, unemployed graduates & undergraduates who have great aspirations. Membership fees apply.
- **Silver Members:** this membership type is suitable for University undergraduates, NYSC members and unemployed graduates. This is free but there will be a non-refundable registration fee per individual.
- **Corporate Membership is also available on special arrangement**

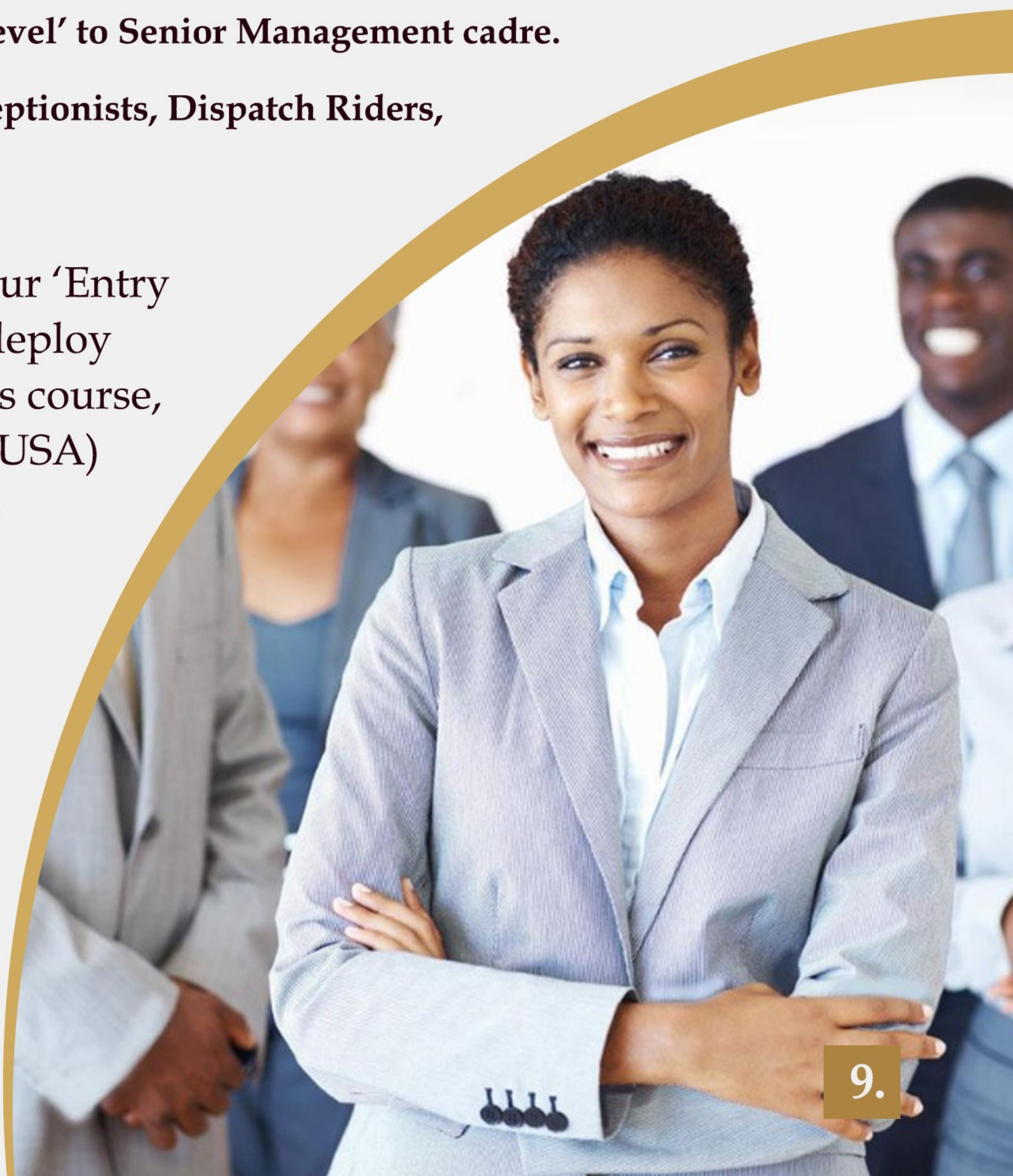
You owe it yourself to take advantage of the incredible networking and learning opportunities in this alliance. Contact us today for more information.

Life Skills Recruitment and Outsourcing

This support service is targeted at providing our clients with a very cost effective and well-trained workforce. We maintain strong collaboration with Insight Learning Foundation (USA) in the delivery of this service.

- **We recruit all categories of staff; from 'Entry level' to Senior Management cadre.**
- **We outsource Driver, Secretaries, Tellers, Receptionists, Dispatch Riders, Office Assistants, Direct Sales Agents etc.**

All our outsourced staff must go through our 'Entry level Staff' Boot camp program before we deploy them to our client's business locations. This course, designed by Insight Learning Foundation (USA) comprises of 29 Skills Assessments and 308 learning activities fashioned to equip them with cutting edge skill they would need to perform and relate optimally in a corporate environment.





Life Skills Knowledge Warehouse

We have in our Life Skills Store a wide range of success books, Inspirational e-books , motivational CDs/DVDs, Training Materials, Focus on the family CDs/DVDs and books on Leadership, Sales and Marketing, Personal Development books etc. these materials have empowered hundreds of our individuals.

No matter where you are in your life, you will definitely find something in our Life Skills knowledge warehouse that directly connects with you. From our free weekly Inspiration newsletter, to a book, CD that costs as little as a dinner out to an intensive journey that will transform your life.



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Our Contact

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